

Assisting Individuals in Crisis and Group Crisis Intervention (GRIN)

About the Training

Training fees include workbooks, morning snacks, coffee, and water for all 3 days.

This 3-day course combines **ALL** of the content of the International Critical Incident Stress Foundation's (ICISF) Assisting Individuals in Crisis & Group Crisis Intervention courses.

Crisis Intervention is NOT psychotherapy; rather, it is a specialized acute emergency mental health intervention which requires specialized training. As physical first aid is to surgery, crisis intervention is to psychotherapy. Thus, crisis intervention is sometimes called “emotional first aid”. Designed to present the core elements of a comprehensive, systematic and multi-component crisis intervention curriculum, this course will prepare participants to understand a wide range of crisis intervention services for both the individual and for groups. Fundamentals of Critical Incident Stress Management (CISM) will be outlined, and participants will leave with the knowledge and tools to provide individual crisis intervention and several group crisis interventions. Specifically, Crisis Management Briefing (CMB), Defusing and the Critical Incident Stress Debriefing (CISD). The need for appropriate follow-up services and referrals when necessary will also be discussed.

This beginning/intermediate course is designed for anyone in the fields of Business & Industry Crisis Intervention, Disaster Response, Education, Emergency Services, Law Enforcement, Employee Assistance, Healthcare, Homeland Security, Mental Health, Military, Spiritual Care, and Traumatic Stress.

Program Highlights

- Psychological crisis and psychological crisis intervention
- Resistance, resiliency, recovery continuum
- Critical incident stress management
- Evidence-based practice
- Basic crisis communication techniques
- Common psychological and behavioral crisis reactions
- Putative and empirically-derived mechanisms
- SAFER-Revised model
- Suicide intervention
- Relevant research findings
- Large group crisis interventions
- Small group crisis interventions
- Adverse outcome associated with crisis intervention
- Critical Incident Stress Debriefing (CISD)

Material will be presented as lecture, Q & A group discussion, hands-on skill building activities with examples, and practical guidance.

Completion of “Individual Crisis Intervention and Peer Support” & “Group Crisis Intervention” and receipt of a certificate indicating full attendance (27 Contact Hours) qualifies as two CORE classes with the ICISF.

Additionally:

- ✓ This course is also approved for **MCOL**ES and Michigan **911 Dispatch funding**.
- ***Dispatch Course ID Number:*** CRC2025-5547 ***Expiration Date:*** 06/06/2027
- ***MCOL***ES Course Expiration Date: 12/31/2026

Note: Individuals **MUST** be able to attend the entire 3 days to receive their certificates of completion.
Excessive use of cell phones during class is not considered attendance!

Assisting Individuals in Crisis and Group Crisis Intervention (GRIN)

Training Location: Midland Law Enforcement Center

Register Information

Roxanne Affholter
(989) 859-1502
roxanneaffholter@gmail.com

When: Wednesday January 21, Thursday January 22 & Friday January 23, 2026

Time: 8:30 a.m. – 5:30 p.m.

PLEASE NOTE: Wed. January 21–**Registration begins** at 8:00 a.m. & **class begins PROMPTLY** at 8:30 a.m.

Where: Midland Law Enforcement Center
2727 Rodd Street
Midland, MI 48640

Fee: \$250 per person

Instructor

Roxanne Affholter, LMSW

Roxanne is the owner and founder of Crisis Response Connection and has had extensive training in crisis intervention and disaster response. She received her BA in Communication from Regent University, and her master's in social work from Michigan State University. Throughout her studies, she focused on trauma and its impact on the lives of individuals. She has also completed over 300 learning hours of training through the International Critical Incident Stress Foundation (ICISF), and many other hours of various trauma focused CE courses. This training included emphases on group and individual crisis intervention, suicide, grief, domestic terrorism, mass disasters, line of duty death, crisis management for law enforcement, and childhood trauma. Roxanne is also an approved ICISF instructor for basic group crisis intervention, individual/peer crisis intervention, and CISM law enforcement perspectives. She has contracted with EAP agencies for CISM services, led CISM teams and helped start CISM teams. Currently Roxanne is a trauma therapist with Corewell Health, and a team member of the Midwest Michigan First Responder Critical Incident Stress Management (CISM) team. Roxanne passionately believes that CISM plays an important role in responding to both community and first responder trauma. Additionally, Roxanne considers herself an advocate of first responders and spearheaded the formation of the bill (SB 444) in the Michigan state legislature, which provides protected speech (confidentiality) under law for all first responders (including dispatchers) receiving CISM services after traumatic events/calls from peer support teams. This bill was enacted into law on March 15, 2016.

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REGISTRATION Deadlines:

- ✓ *For physical softcover copies of course material, register BY Monday January 5th*
- ✓ *Electronic versions of course material after January 5th*

FINAL Registration deadline: Friday January 16th

Name _____

Organization _____

Address _____

Contact phone number: _____

Email _____

Please check if you will be accessing MCOLES funding: _____

****Those seeking MCOLES funding will need to have their **MCOLES ID #** the first day of class*

Please check if you will be accessing 911 State Dispatch funding: _____

Email Registration to: roxanneaffholter@gmail.com

Payment due BEFORE the first day, Wednesday January 21th—*unless other arrangements have been made*

Checks and Money orders payable to: Crisis Response Connection

Mail payments to:

Crisis Response Connection

P.O. Box 221

Jenison, MI 49429

Special Needs

If you have special needs, including ADA accommodations, please clearly specify (e.g. mobility assistance). Arrangements will be honored for those written/emailed requests received 10 business days prior to training. All attempts for on-site requests will be made. Address any grievances to Roxanne Affholter at roxanneaffholter@gmail.com or 989-859-1502.

Course Cancellation and Refund Policy

If the conference is cancelled by the sponsor and/or instructor, full refunds will be given to registrants. If registrants cancel, a full refund will be given only if conference sponsor and/or instructor are notified at least 3 business days before the start of the conference. Extreme circumstances will be considered on a case-by-case situation.

**Personal information is strictly for the use of this conference and will NOT be disclosed for secondary purposes without the consent of the participant or by authority of law.*

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