



(GRIN) Group and Individual Crisis Intervention

DEC 1, 8, & 15, 2026, 8 AM – 5 PM

Jay Martin (U P CISM Training) / MIREMS



CISM is Critical Incident Stress Management. This 3-day program combines the content of the International Critical Incident Stress Foundation's (ICISF) Group Crisis Intervention and the Assisting Individuals in Crisis (formerly known as Individual Crisis Intervention and Peer Support) courses. These courses provide "emotional first-aid" in the aftermath of a critical incident. Crisis interventions are typically done individually (1:1) or in groups. This program is designed to teach participants the fundamentals of, and a specific protocol for, crisis intervention.

This course is designed for anyone in the fields of Law Enforcement, EMS, Fire Service, Dispatch, Corrections, Healthcare, Mental Health, Military, and Spiritual Care.

This 3-day training requires virtual attendance for all three days in order to cover all the material and to give adequate time for hands-on learning.

Jay Martin, M. Div., D. Min., CCISM, CPCI

Jay has served as a pastor, a licensed social worker, and a chaplain with the Michigan State Police. He's been working with his crisis response team for more than 30 years and has been a certified instructor since 2010 with the International Critical Incident Stress Foundation (ICISF).

- Incident assessment
- Strategic intervention planning
- "Resistance, resilience, recovery" continuum
- Large group crisis interventions
- Small group crisis interventions
- Adverse outcome associated with crisis intervention
- Reducing risks
- Critical Incident Stress Debriefing (CISD)



This virtual training is sponsored by MiREMS (Michigan Rural EMS Network) for rural first responders. Students interested in having their tuition covered by MiREMS must contact MiREMS in advance for approval. Please call 906-367-0562 or email programs@mirems.org to request tuition assistance and register for the class. Students who do not receive MiREMS tuition coverage may still be

eligible to enroll in the class for a \$275 fee to the instructor. Space is limited, and students must register at least one week prior to the first class (by November 24). To register for the class, please use the QR code or visit <https://forms.gle/b32Yzg1imEDAH9Wg9>.

