

The “refresher” course will update and review the Group Crisis Intervention skills and practices. The minimum training will be at least four hours in length.

- CISM teams will meet on a regular basis (not less than three or four times per year) to review skills and provide ongoing training opportunities.
- CISM teams will provide a peer team similar in composition to First Responders requesting CISM services.
- CISM Teams will develop procedures to encourage or ensure that all CISM Teams members take an ICISF approved class at least every five years to maintain their skill level and knowledge of current best practices.

BEYOND BEST PRACTICES

- * Team Member(s) Certified in CISM (CCISM) by ICISF
- * Team Member(s) trained in Advanced Assisting Individuals in Crisis and Advanced Group Crisis Intervention
- * Chaplains trained in Pastoral Crisis Intervention 1 & 2

BECOME A MEMBER

REGISTER YOUR TEAM

Visit the MCRA web site and download the “Registration Form” on the CISM Team Registry page.

www.mcrainc.net/mcra-cism-team-registry

BENEFITS OF BEING REGISTERED WITH MCRA

- * Confidentiality coverage for Emergency Responders under state statute
- * Eligible to have representation on the MCRA Board



MCRA Mission Statement: To promote, facilitate, and support the activities, operations, and training of agencies and response teams that are involved in critical incident stress management.

To fulfill this mission the MCRA will:

- Assist communities in identifying groups that are at risk of experiencing traumatic stress
- Develop training for service providers who would reach out to traumatized groups
- Assist communities in developing crisis response plans
- Provide support to local resources
- Maintain contact with local crisis response teams throughout Michigan

MCRA will accomplish this mission in a manner which respects the autonomy of each community and the need for each community to be in control of its own recovery.

MEMBERSHIP REQUIREMENTS FOR MCRA APPROVED TEAMS



To Locate or Register a Team or to Contact MCRA, visit our website at www.mcrainc.net

For emergency calls and team activation only, call 800-969-0025

Michigan Crisis Response Association, Inc

Michigan Crisis Response Association

MICHIGAN'S NEW CISM CONFIDENTIALITY LAW

With the passage of Enrolled Senate Bill (SB) No. 444, Michigan passed a law regarding Critical Incident Stress Management Services. The law tasks MCRA with the responsibility of establishing minimum requirements for CISM teams registered with the MCRA and offering services to First Responders. Language in section Sec. 20981 outlines specific definitions of which CISM providers benefit from the law's privileged communication protection for First Responders. It defines a "Critical incident stress management team" or "CISM team" as an organized community or local crisis response team that is a member of the Michigan Crisis Response Association.

It further defines a "Critical incident stress management team member" or "CISM team member" as an individual who is specially trained to provide critical incident stress management services as a member of a critical incident stress management team."

In order to ensure the integrity of the teams registered with the MCRA and that the legal obligations of Enrolled SB 444 are being met to the best of MCRA's ability, the MCRA has established minimum requirements for all registered teams.

While this bill only applies to First Responders, the MCRA has a moral obligation to ensure, to the best of our ability, that all teams choosing to register with this Association are functioning in ways that are congruent with the ICISF CISM model.

Link to Michigan Law:

<https://www.legislature.mi.gov/documents/2015-2016/publicact/pdf/2016-PA-0040.pdf>

Minimum requirements for teams registered with MCRA are as follows:

- Teams shall use the International Critical Incident Stress Foundation (ICISF) model of crisis intervention when responding to a critical incident. Teams will not deploy any person who has not been trained in the ICISF model of CISM. Teams shall maintain records of the trainings attended by their team members.
- Teams shall have a leadership structure that at least includes a team coordinator/leader, and a clinical director.
- The Clinical Director will be at least a Master's level mental health professional who will monitor the skill level and functioning of the team. Team members shall have completed at least the ICISF Group Crisis Intervention course.
- The ICISF course Assisting Individuals in Crisis (formerly known as Individual Crisis Intervention and Peer Support) is highly recommended
- Teams shall be proficient in numbers 1-5 of the "6 core elements of CISM:"
 - 1) Assessment and Triage of people in crisis
 - 2) Listening skills, the SAFER-R model, and Individual Crisis Intervention
 - 3) Informational group processes
 - 4) Interactive group processes
 - 5) Strategic Planning, Incident assessment, Operations management, Target, Types, Timing, Theme, and Team
 - 6) Personal and Community resilience. (Resiliency includes the concepts of resistance, resilience, and recovery)
- Teams shall provide and/or coordinate quality CISM services to emergency responders and/or community members
- Team members shall maintain a respectful lifestyle that is free from illegal activity, including

problematic alcohol use, illegal drug use, abuse of prescription medications, unethical or inappropriate sexual behavior and harassment of any kind.



In addition to the minimum standards, MCRA has identified the following BEST PRACTICES for teams in Michigan.

- Team Coordinators will have completed the five core courses set forth by ICISF:
 - ◆ Group Crisis Intervention
 - ◆ Assisting Individuals in Crisis
 - ◆ Strategic Response to Crisis
 - ◆ Advanced Group Crisis Intervention
 - ◆ Suicide Prevention, Intervention, and Postvention
- Teams shall train their members in and encourage the use of Post Action Staff Support when offering CISM services.
- All team members will be trained in Group Crisis Intervention and Assisting Individuals in Crisis.
- Teams shall recommend or provide a means of offering team members a "refresher" course at least every five years.