

# Michigan Crisis Response Association 36th Annual Training Conference "Healing After Trauma"

**September 14-16, 2025** 

Ralph A. MacMullan Conference Center

Roscommon, MI

On the Shore of Higgins Lake

#### Click for links to:

- Conference Classes Offered
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The Michigan Crisis Response Association (MCRA) Annual Conference offers high quality training in critical incident stress management and related topics. The conference is especially valuable for: first responders and their families, mental health professionals, clergy, chaplains, educators, and medical practitioners and administrators.

# **CLASSES BEGINNING 9/14/2025**

# Assisting Individuals in Crisis & Group Crisis Intervention (GRIN)

3 Day Course: 9/14-16/2025

• Susan Elben, ICISF Approved Instructor, MCRA Board Member

Many consider this foundational course to be essential in understanding and responding to stress and trauma

Course Description: This 3-day course combines ALL of the content of ICISF's Assisting Individuals in Crisis & Group Crisis Intervention courses.

Crisis Intervention is NOT psychotherapy; rather, it is a specialized acute emergency mental health intervention which requires specialized training. As physical first aid is to surgery, crisis intervention is to psychotherapy. Thus, crisis intervention is sometimes called "emotional first aid." Designed to present the core elements of a comprehensive, systematic and multi-component crisis intervention curriculum, this course will prepare participants to understand a wide range of crisis intervention services for both the individual and for groups. Fundamentals of Critical Incident Stress Management (CISM) will be outlined and participants will leave with the knowledge and tools to provide several group crisis interventions, specifically demobilizations, defusings and the Critical Incident Stress Debriefing (CISD). The need for appropriate follow-up services and referrals, when necessary, will also be discussed.

The Simulated Debriefing scheduled for Monday night is a mandatory component of this course. Your attendance is vital to demonstrate understanding and engagement with the course materials.

This course is designed for anyone in the fields of Business & Industry Crisis Intervention, Disaster Response, Education, Emergency Services, Employee Assistance, Healthcare, Homeland Security, Mental Health, Military, Spiritual Care, and Traumatic Stress. Qualifies of 27 Contact Hours.

#### **Learning Objectives:**

- Psychological crisis and psychological crisis intervention
- Resistance, resiliency, recovery continuum
- Critical incident stress management
- Evidence-based practice
- Basic crisis communication techniques
- Common psychological and behavioral crisis reactions
- Putative and empirically derived mechanisms
- SAFER-Revised model
- Suicide intervention
- Relevant research findings and ethical considerations
- Large group crisis interventions
- Small group crisis interventions
- Adverse outcome associated with crisis intervention
- Critical Incident Stress Debriefing (CISD)

# Understanding the First Responder's Cultures: For Mental Health Staff One Day Class: 9/14/2025

• Dennis Potter, Approved ICISF Instructor, MCRA Board Member

#### **Course Description:**

All Mental Health professionals know that we need to understand the cultural setting of our clients to provide the most effective interventions. This is also true for working with First Responder's. For the purposes of this training, First Responder's are identified as those individuals who work as: Dispatchers, Law Enforcement Officers, Correctional Officers, Firefighters, and Emergency Medical personnel.

There are some issues/stressors that cut across all of these professions, but also some that are more unique to the specific group. This course identifies the cultures of each profession and their unique stressors. The various CISM courses teach a variety of group approaches to crisis intervention, but what about the follow-up if an individual comes to us for assistance not related to a Critical Incident? First Responder's can have a variety of life issues including marital problems, family issues, depression, substance abuse struggles, PTSD, etc. We need to understand the unique stress of their professions and how those might impact their non-professional lives in order to offer the most effective help.

This class will provide information about first responders' cultures and opportunities for discussion regarding adapting our clinical approach to meet the needs of first responder's. Qualifies for 7 Contact Hours.

## **Learning Objectives:**

- First Responder cultures
- Unique stressors in the First Responder world
- The "functional dysfunctionalities" that work for First Responder's on the job
- The "resistance, resilience, recovery" continuum
- Intervention skills and resources that are relevant to First Responder's

\*This course may be available for continuing education credits, contact conference coordinator for information.

# De-escalation Skills for the Front Line: A Practical Approach One Day Class: 9/14/2025

In times of crisis and adversity leadership is essential.

David Edwards, Approved ICISF Instructor, MCRA Board Member

#### **Course Description:**

This program trains participants in effective De-escalation skills from a variety of perspectives. Lessons learned about assessing, intervening, and monitoring the effectiveness of de-escalation will be reviewed. Participants will learn recent developments in the psychology of extreme escalation. We will also focus on the mental preparation skills that can lead to effective intervention under stress. Skill based scenario training will be used to increase participants confidence in their ability to effectively intervene with those in extreme crisis. The program is designed for those who serve on the front line including public safety, first responders, health care providers, mental health professionals, crisis workers, and social service professionals. Qualifies for 7 Contact Hours.

#### **Learning Objectives:**

- The demand for effective De-escalation skills
- Introduction and overview of the crisis escalation process
- Recognizing early warning signs of escalation
- Safety concerns : Recognizing signs of impending violence
- Mental Preparation to intervene effectively
- Verbal De-escalation Techniques Listening and Responding
- Assessing key themes driving the escalation
- Problem solving under stress
- Trauma-Informed De-escalation
- States of mind and De-escalation: What we know about changing states

\*This course may be available for continuing education credits, contact conference coordinator for information.

**CLICK HERE TO REGISTER ONLINE** 



## **Presents:**

# Peer Support: Bringing Your Team To The Next Level

Mike Wierenga, Owner, 2 The Rescue, LLC

#### **Rationale For Presentation:**

Your Peer Support Team is up and running. That's great! Now the real work starts. Training and communication for your teams, leaders and support partners is critical to achieving growth and to the overall success of the support team. You're going to need buy in from many different groups, which should include family members, city and township management, command staff, Union leadership, EAP and, perhaps most importantly, your peers.

Whether you are just launching a team, or you've been operating for a while, this course will help and encourage you. Peer Support Teams is designed as an open discussion format. Two the Rescue will lead the dialogue on a range of developmental topics, encouraging course participants to raise specific questions on what is and isn't working in sustaining their peer support team.

#### **Cognitive Objectives:**

- History of First Responder Peer Support
- Ongoing needs and support
- Continuing educational training
- Education for the leadership
- How to educate the new recruits
- Problem Recognition
- Policy, Procedures & SOP's
- State Laws privacy of peer to peer conversations
- What is a CISM Debriefing vs. Defusing?
- History of First Responder Peer Support
- Ongoing needs and support
- Continuing educational training
- Education for the leadership
- How to educate the new recruits
- Problem Recognition
- Policy, Procedures & SOP's
- State Laws privacy of peer to peer conversations
- What is a CISM Debriefing vs. Defusing?

### **Coordinator's Round Table**

Time: 8:00 am - 12:00 pm

This seminar is an opportunity to meet with leaders of other teams in Michigan to explore issues that you face as a coordinator and talk with others about how you can manage them. We will generate ideas about successes, and areas for improvement as we try to provide the best possible CISM responses.

At the end of the seminar, we expect to have some expanded knowledge of issues and concerns that have come up during a team's existence, or if you are starting a team, some suggestions from others who have had a similar experience.

Facilitator will be Tim Turnwald, EMT/FF, Lenawee CISM Team

#### **CISM Refresher Course**

Time: 1:00 pm - 5:00 pm

For many people there's a need to "brush up" on or review CISM components and procedures because as we all know, "if you don't use it, you'll lose it." MCRA suggests that a best practice is for CISM team members should be to get "refreshed" at least every five years to keep the concepts and ideas fresh in your mind. This course will include a quick review of both the Group and Individual Crisis Response models including CMBs, Defusings, and CISDs. The afternoon portion of the class will offer mock events to "practice" doing CISM events. ICISF's "Group Crisis Intervention and/or Assisting Individuals in Crisis" should be viewed as a prerequisite.

Instructor: Jay Martin, ICISF Approved Instructor, MCRA Board Member

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# Mental Health First Aid for Public Safety,

**EMS**, Fire and Dispatch

One Day Class: 9/14/2025

• Patricia Dixon, MCRA Board Member

Learn how to apply the ALGEE action plan: Assess, Listen, Give and Encourage the help that is needed.

#### **Course Description:**

Mental Health First Aid for First Responders teaches how to identify, understand, and respond to signs of mental illness and substance use disorders. This 8-hour training gives the skills needed to reach out and provide initial support to someone who is struggling and to connect them to the appropriate level of care. The training focuses on the unique experiences of first responders and is a resource that can make a difference in the lives of the responder, co-workers and family.

#### **Program Highlights:**

- Discussion of first responders' culture, stigma and their relevance to the topic of mental health.
- Outreach tactics to respond to individuals experiencing a mental health crisis.
- Discussion of the specific risk factors faced by many first responders and their families.
- Review of common mental health resources for first responders, their families and those who support them.
- Be able to recognize common signs and symptoms of mental health challenges.
- Recognize common signs and symptoms of substance use.
- Understand how to interact with a person in crisis.
- Know when to connect a person to help.
- Use self-care tools and techniques to keep yourself healthy.

**CLICK HERE TO REGISTER ONLINE TODAY** 

# **Emotional and Spiritual Care in Disasters**

Two Day Class: 9/15-16/2025

• Mindy Albright, Approved ICISF Instructor, MCRA Board Member

#### **Course Description:**

This advanced level course will enhance your skills to provide effective emotional and spiritual care (ESC) to meet the disaster-related needs of disaster responders and disaster-affected families and individuals within disaster operations. This course builds on the crisis intervention principles taught in the Critical Incident Stress Management (CISM) core courses to effectively integrate these principles within ESC teams for appropriate care throughout the disaster continuum from the immediate to the long-term recovery process.

This course is designed for trained clergy, chaplains, mental health professionals, and CISM trained crisis responders who desire to enhance their skills in providing Emotional and Spiritual Care to survivors of disaster and trauma.

Suggested but not mandatory prerequisites: Assisting Individuals in Crisis; Group Crisis Intervention; Pastoral Crisis Intervention. Qualifies for 14 Contact Hours.

## **Course Objectives:**

- One's own faith tradition and ESC
- ESC & the Incident Command System
- ESC & disaster relief operations
- Physical, psychological, emotional impact of disasters
- Behavioral, interpersonal and spiritual impact of disasters
- Range of ESC interventions in the aftermath
- Suitability to provide ESC
- · Maintaining health during deployment
- · Deployment personal care plans
- Intervention and care giving concepts

# **Stress Management for the Trauma Service Provider**

Two Day Class: 9/15-16/2025

 Dennis Potter, ICISF Approved Instructor, Emeritus MCRA Board Member

#### **Course Description:**

This important course is for all who work with traumatized people. Explore the "Stress Continuum," the levels of stress including eustress (i.e., beneficial. motivating stress). traumatic stress. countertransference, compassion fatigue or secondary PTSD, and vicarious traumatization which may occur as a result of helping others. A discussion of coping strategies for those who work with traumatized children will also Individual self-report exercises and an experiential group support session will assist the participating trauma provider in assessing their own level of stress through sharing personal experiences with others. Stress management self-care techniques will be presented, experienced and discussed. This course is appropriate for all mental health professionals. emergency services personnel, and peer counselors. Qualifies for 14 **Contact Hours.** 

#### **Course Objectives:**

- The "Stress continuum"
- Signs and symptoms of excessive stress
- Stress as related to work as a "trauma provider"
- A variety of stress management techniques
- Stress management in relation to "context"
- Vicarious traumatization, compassion fatigue and burnout
- Stress "resilience"
- Achieve resilience and effective self-care
- · Motivating factors for the work we do
- Working with trauma survivors

**CLICK HERE TO REGISTER ONLINE** 

# **Strategic Response to Crisis**

Two Day Class: 9/15-16/2025

Jay Martin, ICISF Approved Instructor, MCRA Board Member

#### **Course Description:**

Knowing what sequence of crisis intervention processes to use for which individuals or groups, at what times, and under what circumstances is crucial to all effective early intervention programs. The course will present essential information for the assessment of both crisis situations and the effects of critical incidents on people involved in those situations. Learn to create an effective plan of action to assist those in crisis and complete a series of exercises designed to sharpen assessment and crisis planning skills. Strategic planning and tactical decision making are emphasized, as are rationales for choosing one set of crisis intervention processes over another.

This course builds confidence that crisis interventionists will make the right choices of interventions for the populations they are assisting under specific circumstances. This course requires previous training and experience. ICISF's "Group Crisis Intervention" and "Assisting Individuals in Crisis" (formerly Individual Crisis Intervention and Peer Support) should be viewed as prerequisites. Qualifies for 14 Contact Hours.

## **Course Highlights:**

- Strategic planning as it applies to crisis intervention
- National Incident Management System and crisis intervention
- Elements of Effective Planning
- Steps in Developing the Plan
- Planning process in assessing target populations
- Determining the type, timing and resources necessary
- Assisting large numbers of people involved in a crisis
- The most important crisis intervention tactics
- Managing a complicated or large scale crisis event

# First Responder Peer Support Training

Two Day Class: 9/15-16/2025

Gregg Ginebaugh, MCRA Board Member

This class is for those first responders who are, or want to be, on a peer team. You will walk away with the skills to provide effective support to your colleagues.

#### **Course Description:**

This course teaches participants in how to provide Peer Support through use of discussion and practical exercises. Participants will understand what it means to ask for and receive help; what Peer Support is and is not, and the fundamentals of responding to colleagues needing support/ in-crisis. Qualifies for 16 Contact Hours.

#### Topics addressed will include:

- Participants will demonstrate basic Peer Support intervention competencies.
- Participants will be able to engage in initial Peer Support discussion and understand/feel the importance of telling their story in a safe environment
- Participants will understand the ideas and theories behind helping and supporting those in distress
- Participants will be able to provide Peer Support to other members in the class through experiential exercises
- Participants understand how first responder culture influences members and may provide both support and challenges for member's mental well-being and help-seeking abilities
- Participants will be versed in how to address high risk behavior
- Participants will know how and when to refer to a mental health professional.
- Participants will be able to work with and understand basic listening and communication skills.
- Participants will understand psychological issues common to human beings in general and first responders in particular.

# **KEYNOTE ADDRESS**

# Steve Lohman, Retired Firefighter Sunday, September 14, 2025

We are proud to feature Steve Lohman as our keynote speaker - a respected leader whose legacy spans more than three decades of service, mentorship, and support in the fire and emergency response community. After an impressive 31-year career with the Grand Rapids Fire Department, Steve served in pivotal roles as a Firefighter, Company Officer, and Training Supervisor.

Steve is equally distinguished in the field of Critical Incident Stress Management (CISM). Steve has spent nearly 30 years advancing mental wellness among first responders and was the CISM coordinator for the Grand Rapids Fire Department's CISM Team for 20 years, providing compassionate leadership and innovative support strategies in the face of trauma and crisis.

Steve's impact extends far beyond his department; he is also a past Board Member of the Michigan Critical Response Association (MCRA) and played a vital role in expanding peer support networks. Attendees can look forward to an inspiring and insightful address drawn from Steve's deep well of experience and unwavering dedication.

# Additional evening activities during the conference include:



- **Welcome From the President**
- The Year in Review
- Responder of the Year Award
- Practice Debriefing Demonstration
- **♦** Bonfires
- Euchre tournament
- Karaoke
- Networking
- Socializing

### **CONFERENCE LOCATION**

Ralph M. MacMullan (RAM) Center 104 Conservation Drive Roscommon, MI 48653

https://www.michigan.gov/dnr/places/ram-center



The RAM Center provides a recreational retreat with rustic lodging, modern meeting spaces, and recreational activities on the shore of beautiful Higgins Lake.

Sleeping accommodations consist of six separate lodges with <u>double occupancy</u> rooms. The bedrooms contain two beds with access to either shared (with an adjoining room) or communal bathrooms. Each building has a lounge with cable TV, refrigerator, coffee machine and microwave. WIFI is available throughout. The RAM center supplies towels, linens, and housekeeping services (fresh towels and linens, bathroom, and room cleanups). Meals are provided and served family-style.

The area has other lodging options including a nearby campsite and hotels/motels for those who choose to stay off-site and register only for instruction and/or meals.

#### **GENERAL CONFERENCE INFORMATION**

Class start and end times: Class beginning and ending times may vary. Please check the conference schedule that is provided when checking in.

Certificates: All conference attendees will receive a certificate based upon verified hours of attendance. Those completing an ICISF course will also receive a certificate from ICISF.

Attire: The conference setting is very informal. Seasonal and casual attire is recommended.

Fees and payment information: Fees are listed in U.S. funds and cover registration, handouts, coffee breaks, and the certificate of attendance. We accept cash, checks (US dollars from a US bank) and credit card payments at the conference. There is a \$50 fee for returned checks.

Cancellation policy: Cancellations must be received in writing at least 14 days prior to the conference for a full refund minus a \$25 administrative fee. In the event MCRA must cancel a course due to low registration or other circumstances beyond our control, we will notify you as soon as we can. You may select another course or receive a full refund. Attendee substitutions are allowed.

Scholarships: Financial assistance based upon demonstrated need may be available. Please call (616) 706-6096 for information.

Trouble Shooting: If you are dissatisfied with any aspect of the MCRA conference, please allow us to address your concern by contacting Bryan at (616) 706-6069.

Special needs: If you have special needs, please clearly specify these on the registration form (i.e., dietary restrictions, mobility assistance, etc.). The RAM center is ADA compliant and registered service animals are welcome.

**Questions:** Please email any questions to:

mcraconference2024@gmail.com

# **Continuing Education Credit Information**

MCRA has either received, or in the process of applying for, the following continuing education credits:

# Social Workers, Counselors, and Psychologists:



MCRA is partnering with Wayne State University School of Social Work to provide Continuing Education Clock Hours, CECH, as approved by the Michigan Continuing Education Collaborative (MICE C-0058) for all conference classes. One hour classroom instruction is equivalent to one CECH. Participants must complete an on-line course evaluation and will receive CECH documentation by mail following the conference. Psychologist and Licensed Counselors can receive Certificates of Attendance with Continuing Education Unit, CEU, documentation.

#### Law Enforcement:

The conference will document participation for MCOLES CEUs. Participants must sign in and out of class daily and provide their MCOLES ID number.

## Dispatch:

Assisting Individuals in Crisis and Group Crisis Intervention (GRIN) course is approved for use of 911 funds.

#### EMS:

GRIN is an approved Blue Book course. EMS CEU's for remaining courses are being applied for. Follow EMS CEU submittal process for credit.



# **CONFERENCE AGENDA**

Saturday, September 13, 2025			
Time	Course		
4:00 pm – 7:00 pm	Registration		

Sunday, September 14, 2025			
Time	Course		
7:00 am – 5:00 pm	Registration		
8:00 am – 12:00 am	<ul> <li>Assisting Individual In Crisis &amp; Group Crisis Intervention</li> <li>Understanding First Responder Cultures</li> <li>De-escalation Skills for the Front Line</li> <li>Mental Health First Aid for First Responders</li> <li>Peer Support: Bringing Your Team To The Next Level</li> <li>Coordinator's Roundtable</li> </ul>		
12:00 pm – 1:00 pm	Lunch		
1:00 pm – 5:00 pm*	<ul> <li>Assisting Individual In Crisis &amp; Group Crisis Intervention</li> <li>Understanding First Responder Cultures Continues</li> <li>De-escalation Skills for Front Line Continues</li> <li>Mental Health First Aid for First Responders Continues</li> <li>Peer Support: Bringing Your Team To The Next Level</li> <li>CISM Refresher*</li> </ul>		
5:30 pm – 6:30 pm	Dinner		
7:00 pm	Sunday Evening Program – Keynote Speaker		

Monday & Tuesday, September 15-16, 2025				
Time	Course			
7:00 am – 5:00 pm	Registration			
8:00 am – 10:00 am	<ul> <li>Assisting Individual In Crisis &amp; Group Crisis Intervention Continues</li> <li>Stress Management for the Trauma Provider</li> <li>Strategic Response to Crisis</li> <li>Emotional and Spiritual Care in Disasters</li> <li>First Responder Peer Support Training</li> </ul>			
12:00 pm – 1:00 pm	Lunch			
1:00 pm – 5:00 pm*	<ul> <li>∼ Assisting Individual In Crisis &amp; Group Crisis Intervention Continues</li> <li>∼ Stress Management for the Trauma Provider Continues</li> <li>∼ Strategic Response to Crisis Continues</li> <li>∼ Emotional and Spiritual Care in Disasters Continues</li> <li>∼ First Responder Peer Support Training Continues</li> </ul>			
5:30 pm – 6:30 pm	Dinner (Monday Only)			
7:00 pm – 9:00 pm	Evening Program/Simulated Debriefing (Monday Only)			

\*SCHEDULED START AND STOP TIMES ARE SUBJECT TO CHANGE

# 36th Annual MCRA Training Conference

# **September 14 – 16, 2025**

PERSONAL INFORMATION (Please print or type)						
Name:	Date:					
Profession:	Gender:	☐ Male ☐ Female				
Organization:						
Address, City, State, ZIP:						
Email Address:						
Daytime Phone Number:	Alternate Phone #:					
Name of Emergency Contact:	Emergency Contact Phone #:					
Have you attended this conference before?	If yes, how many times?					
COURSE SELECTION (Cannot be combined with Sessions B-J)						
Session A – Assisting Individuals in Crisis and Group Crisis Interv	ention (3-Day Course)					
2-DAY COURSES (Cannot be combined with Session A)						
☐ Session B – Stress Management for the Trauma Provider (2-Day	Course)					
Session C – Emotional and Spiritual Care in Disasters (2-Day Cou	ırse)					
Session D – Strategic Response to Crisis (2-Day Course)						
Session E – First Responder Peer Support Training (2-Day Cours	•					
AND/OR a 1-Day Course (Cannot be combined with Session A)						
Session F – Understanding First Responder Cultures: For Mental	,					
<ul> <li>Session G – De-escalation Skills for the Front Line (1-Day Course</li> <li>Session H – Mental Health First Aid for First Responders (1-Day Course)</li> </ul>	,					
Session I – Peer Support: Bringing Your Team To The Next Level	,					
Session J – Peer Support. Bringing Your Team To The Next Level (1-Day Course)  Session J – Coordinator's Roundtable and/or CISM Refresher Course (1/2-Day Sessions)						
CONFERENCE FEES:						
Rates with Lodging include 2 or 3 nights of lodging, meals, & training meals and training material.	aterial. Rates without Lodging	ninclude Cost				
Session A (3-days) with lodging arriving Saturday evening		□ \$445.00				
Session A (3-days) with lodging arriving Sunday morning		□ \$395.00				
Session A (3-days) without lodging		□ \$345.00				
Session B, C, D, or E (2-dayS) + Session F, G, H, I, or J (1-day) w	th lodging arriving Saturday e	vening				
Session B, C, D, or E (2-days) + Session F, G, H, I or J (1-day) with	h lodging arriving Sunday mor	rning				
Session B, C, D, or E (2-days) + Session F, G, H, I, or J (1-day) wi	thout lodging	□ \$345.00				
Session B, C, D, or E (2-days) with lodging arriving Sunday evening	g	□ \$395.00				
Session B, C, D, or E (2-days) with lodging arriving Monday morning	ng	□ \$370.00				
Session B, C, D, or E (2-days) without lodging		\$335.00				
Session F, G, H, I, or J (1-day) with lodging arriving Saturday even	ing	\$195.00				
Session F, G, H, I, or J (1-day) without lodging		<b>\$170.00</b>				

#### 36rthAnnual MCRA Training Conference

#### **September 14 – 16, 2025**

Please select meals you will be attending (Included in conference fee):							
<ul><li>☐ All Meals Provided</li><li>☐ Sunday Dinner</li><li>☐ Monday Dinner</li></ul>	<ul><li>☐ Sunday Breakfast</li><li>☐ Monday Breakfast</li><li>☐ Tuesday Breakfast</li></ul>		<ul><li>☐ Sunday Lunch</li><li>☐ Monday Lunch</li><li>☐ Tuesday Lunch</li></ul>				
Requesting Social Work CEUs (Pending Approval - Additional cost may apply**):   Yes   No							
•	<del>-</del>		rate from the conference fee you selected email once the additional cost has been				
Roommate Request (if applicable):							
Do you have any special dietary needs?  No If Yes, Please Specify:							
Please specify if you have a disability that may require special accommodations:							
Payment Method - Select One	☐ Mail (Make checks payable to ☐ Day of the Conference	o MCRA)	Purchase Order				
Mail Registration/Payments to:	MI Crisis Response Association (MCRA 6767 Montgomery Road Marlette, MI 48453	A) or	Email to: MCRAConference2024@gmail.com				

To submit form by email, save as a document file and e-mail as an attachment. **Confirmation will be issued for those registrations received prior to September 1, 2025.** To register by phone or for conference inquiries, please call 616-706-6069 or email <a href="mailto:mcRaconference2024@gmail.com">MCRAconference2024@gmail.com</a>.